



*We believe in the power of good health*

## 2008 Wellness Screening Program

### PANEL C PACKAGE – 35 Blood Tests

A comprehensive chemistry profile of 35 different tests, including a complete blood count and cholesterol analysis. Participants with severely abnormal test results will be contacted by a registered nurse at Wellness, Inc.

#### Heart Disease & Stroke

Cholesterol  
Triglycerides  
HDL  
LDL  
HDL/Cholesterol – Risk Ratio  
Blood Pressure Check

#### Liver and Gallbladder Abnormalities

Total and Direct Bilirubin  
Alkaline Phosphatase  
SGOT  
SGPT  
GGT  
Albumin  
Total Protein  
LD or LDH

#### Kidney Disease

BUN  
Creatinine  
Calcium  
Phosphorus  
Sodium  
Potassium  
Chloride

#### Nutritional & Gastrointestinal Disorders

Total Protein  
Albumin  
Uric Acid  
Calcium  
Iron  
Magnesium

#### Anemia, Infections & Certain Cancers

Iron  
CBC (Complete Blood Count) includes:  
White Blood Count (WBC)  
Red Blood Count (RBC)  
Hemoglobin  
Platelet Count  
Mean Corpuscular Hemoglobin (MCHC)  
Red Cell Distribution Width (RDW)  
Mean Corpuscular Hemoglobin  
Concentration (MCHC)

#### Diabetes

Blood Glucose

#### Thyroid Disease

Thyroxin (T4)

Participants should fast for 8-12 hours before the test. Two or more glasses of water is acceptable, but no other food or drink is allowed. Each screening takes approximately 15-20 minutes, and participants have the option of taking the additional PSA and ColoCare tests offered on a self-pay basis. Each participant will also receive:

- Blood pressure screening and consultation
- Health Power Profile Lifestyle questionnaire
- Individual educational reports
- Detailed test results
- Physician Summary Screening Report (to be shared with your primary care physician and placed in your patient records)
- Access to personal health portal – [www.MyWellnessInfo.com](http://www.MyWellnessInfo.com)
- Wellness Health Coach – offering one-on-one education and coaching support for healthy lifestyle change
- *Healthier at Home*® self-care book and DVD



Christian Brothers  
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