RationalMed® Patient Safety Solutions

Prescription Management

Today's healthcare environment has grown increasingly fragmented.

Employees are following multiple treatment regimens prescribed by multiple providers, and a lack of well-coordinated care is contributing to inadvertent patient harm and unnecessary expenditures by employers. The good news is that gaps and errors in care can be bridged through detection and intervention services that go beyond traditional drug utilization and disease management.

Express Scripts Patient Safety Solution

Express Scripts has developed its RationalMed® program to protect the safety of its members, who may have prescriptions from more than one health professional or pharmacy.

RationalMed® relies on a database that checks a member's prescription activity against clinical evidence regarding the health risks of certain medications in certain patients or in combination with other medications.

RationalMed® flags potential safety hazards and contacts doctors, pharmacists, or other health professionals as necessary to prevent adverse events related to prescription drug use.

The RationalMed® approach to patient health and safety:

- Integrates patients' medical, pharmacy, lab and data
- Detects gaps and errors in care that increase the risk of near term hospitalization and other adverse events
- Engages physicians, pharmacists, and patients to address safety issues
- Prevents unnecessary hospitalizations and reduces prescription costs

Integrated data can bridge gaps in care and improve clinical quality. Express Scripts' RationalMed® Patient Safety Solutions identifies participants who may be at risk. Potential safety concerns are identified and, depending on client requirements, addressed with physicians, pharmacists and patients.

RationalMed® has received Disease Management Systems Certification from the National Committee for Quality Assurance (NCQA).

Visit mycbs.org/health
for more information

RX-10/2019