

Christian Brothers Services

# Health & Benefits

Express Scripts



## SafeGuardRx<sup>SM</sup>

### *Better Care at Lower Cost for Patients and Plan Sponsors*

Six out of every 10 adults in the U.S. have a chronic condition. These conditions not only take a toll on someone's health but also on the annual cost of health-care. The SafeGuardRx<sup>SM</sup> program from Express Scripts is a better way to help plans and members manage the costs of these chronic conditions.

SafeGuardRx is a suite of technology-supported, value-based programs that use available evidence to facilitate the most appropriate and effective treatments. These programs give high-touch clinical support to help patients manage their complex conditions, while providing healthcare plans with value-based payment systems to control costs.

### *Improving Patient Care*

The SafeGuardRx program combines a specialized clinical model and value-based contracting strategies to help plans improve patient care for the toughest conditions. Since its inaugural year, the program has delivered better medication adherence, higher therapy completion rates, and greater compliance with clinical guidelines.

SafeGuardRx Treatment Programs cover 50 million lives and nine specialty and chronic classes, including:

- **Diabetes Care Value<sup>SM</sup>**—Motivates patients and delivers healthier outcomes through patient engagement technologies. High-touch support from Diabetes Therapeutic Resource Center<sup>SM</sup> clinicians.
- **Hepatitis Cure Value<sup>SM</sup>**—Helps lower the cost of a cure for hepatitis C. Expands access to curative therapy to thousands of people.
- **Cholesterol Care Value<sup>SM</sup>**—Delivers maximum value for PCSK9 inhibitors. Enrolled clients see lower costs per patient than those not enrolled.
- **Oncology Care Value<sup>SM</sup>**—Aligns the cost of oncology medications with outcomes. Personalized medicine through genetic testing puts even more information in the patient's and physician's hands.
- **Inflammatory Conditions Care Value<sup>SM</sup>**—Segments therapies by indication for inflammatory conditions to drive to lower overall costs. Specialized care leads to lower therapy discontinuation rates.
- **Multiple Sclerosis Care Value<sup>SM</sup>**—Delivers specialized clinical support and client savings due to increased adherence. Express Scripts shares your risk with early discontinuation reimbursements for preferred MS medications
- **Pulmonary Care Value<sup>SM</sup>**—Unites specialized support and patient engagement tools for holistic management of asthma and COPD. Lowers net cost of treatment.
- **Rare Conditions Care Value<sup>SM</sup>**—Protection from unexpected, staggering costs of rare conditions, which affect 30M people in the U.S. – the same number battling diabetes. Guides patients with rare conditions to the most effective care pathway.
- **Migraine Care Value<sup>SM</sup>**—Drives savings on high-cost, breakthrough CGRP-inhibitor medications. Provides specialized clinical support through our Neuroscience Therapeutic Resource Center<sup>SM</sup>.

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EXPRESS SCRIPTS<sup>®</sup>

# SafeGuardRx<sup>SM</sup>

It is estimated that 20,000+ heart attacks could be avoided over the next 10 years if all plans joined Diabetes Care Value<sup>SM</sup>, which helped 19.2% more patients add statin therapy.

In 2018, asthma and COPD patients used rescue inhalers 72% less with the remote monitoring technology they received through Pulmonary Care Value<sup>SM</sup>.

## *Controlling Plan Costs*

Besides better patient outcomes, SafeGuardRx delivers increased value for plan sponsors, ensuring they get the most value from the medicines their members take for high-cost, complex conditions.

- In its inaugural year, the Diabetes Care Value<sup>®</sup> program reduced diabetes drug spending by 19 percent—\$360 per member per year—for the more than 800 plan sponsors enrolled in the program, delivering a total savings of \$42.6 million in 2017.
- In 2018, SafeGuardRx clients saw a 5.2 percent specialty trend reduction versus the growing trend that nonenrolled clients saw.
- In 2018, SafeGuardRx helped enrolled clients save more than \$2.4 billion.

## **SafeGuardRx programs for plan sponsors include:**

- **Inflation Protection<sup>SM</sup>**—Shields plans from the full cost impact of excessive year-over-year price increases on brand drugs. Leverages the power of existing drug contracts to provide more value and budget predictability.
- **Market Events Protection<sup>SM</sup>**—Protects against extreme price increases, unwarranted price discrepancies and patent expirations. Drives members to the most clinically appropriate, cost-effective therapies or dispensing channels.

SafeGuardRx makes medicine work harder by reducing risk, cost and waste, which means less financial risk for your plan and more clinical value for your members.

To find out more about SafeGuardRx, visit <https://www.express-scripts.com>.

Contact Express Scripts at (800) 718.6601



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