

Christian Brothers Services

Health & Benefits



Women's Health Guidelines

New Guidelines Provide Additional Women's Preventive Care with No Cost Sharing

In accordance with the Department of Health and Human Services (HHS) and under the Patient Protection and Affordable Care Act (PPACA), Christian Brothers Employee Benefit Trust (EBT) is covering the following preventive care for women:

- Domestic violence screening and counseling - Screening and counseling for interpersonal and domestic violence.
- Screening for gestational diabetes.
- Annual well-woman visits.
- Breastfeeding support, supplies and counseling.

Breastfeeding Support and Supplies

Christian Brothers Employee Benefit Trust (EBT) is pleased to announce the new breastfeeding guidelines available to members and their enrolled dependents. Guidelines are as follows:

- Christian Brothers Employee Benefit Trust (EBT) will pay for breast pumps for in-network providers. The breast pump will be paid at 100%.
- Members can search for an in-network breast pump supplier by logging on to My Health Benefits at mycbs.org/health and click on the Find a PPO Provider link. Click your PPO provider from the list and run a search for Durable Medical Equipment.
- For out-of-network, such as medical supplies stores, regular stores, or internet purchases, EBT will reimburse the member up to a \$200 maximum limit.
- EBT will pay for the rental of a commercial/hospital grade machine, after approval for medical necessity.
- Only the breast pump itself and supplies required to operate the pump will be covered. Additional bottles, creams, breast pads, etc. will not be covered.
- EBT will pay for the breast pump beginning 30 days prior to the delivery date and up to 12 months postpartum.
- One breast pump will be covered per child.

For a complete list of preventive services for women, men and children, log on to mycbs.org/health and click on the link **Preventive Healthcare** under the **Services** header.



For more information on the Women's Health Guidelines offered by Christian Brothers Health Benefit Services, call 800.807.0400, or visit cbservices.org.

Visit mycbs.org/health
for more information