



Vaccinations and Immunizations

Preventive care is the most important step you can take to manage your health. Many of the top risk factors leading to illness and premature death are preventable, and prevention is easier than curing. Stay healthy and protect those you care for by receiving vaccines for preventable diseases.

Vaccinations

Visit your local pharmacy or clinic of choice.

- You can receive vaccines administered at your local pharmacy through your prescription drug benefit. Vaccines administered at your retail pharmacy typically do not require an appointment and are the same effective medications as used at your physician's office.
- Present your medical ID card and have the pharmacist administer the shot and it will be available to you at no cost. Most pharmacies will bill Christian Brothers Services directly. If a participant receives a vaccination at a local pharmacy and is charged, the Trust will fully reimburse the cost.
- To locate a pharmacy, log on to mycbs.org/health and click the **My Prescription Drugs link** located under the **My Account** header. Next, click on the **Locate a Pharmacy link**, which will take you to the Express Scripts (ESI) website. Last, enter your ZIP code or city and state and click the **locate pharmacy** button. A list of available pharmacies will appear, as will a map to detail location. You can also call Express Scripts customer service at 800-718-6601 to help you locate a pharmacy.

Please remember to contact your network pharmacy in advance to inquire about vaccine availability, age restrictions, and current vaccine schedules.

Schedule with your physician.

- The vaccine shot will not be subject to copay if you visit your primary care physician as part of your annual wellness visit.
- If you have already had your annual wellness visit, a copay/coinsurance may apply.

Immunizations

All preventative vaccines and administration are covered at 100% and require no claim forms if received at a network participating pharmacy or physician's office. Just present your member ID card at the time of service.

Preventative Care for Adolescents, Children and Newborns

- COVID-19
- Diphtheria, Tetanus, Pertussis (Whooping Cough)
- Haemophilus Influenza Type B (HIB)
- Hepatitis A and Hepatitis B
- Human Papillomavirus (HPV)—up to age 26
- Inactivated Poliovirus (IPV)
- Influenza (Flu shot)
- Measles, Mumps, Rubella (MMR)
- Meningococcal (Meningitis)
- Pneumococcal (Pneumonia)—at risk
- Rotavirus
- Varicella (Chickenpox)

Preventative Care for Men and Women

- COVID-19
- Hepatitis A (at risk) and Hepatitis B (at risk)
- Herpes Zoster (Shingles)—50+ years
- Human Papillomavirus (HPV)—19-26 years
- Influenza (Flu shot)
- Measles, Mumps, Rubella (MMR)
- Meningococcal (Meningitis)—at risk
- Pneumococcal (Pneumonia)—at risk of, 65+ years
- Tetanus, Diphtheria, Pertussis (Whooping Cough)
- Varicella (Chickenpox)

If you are planning to travel outside the U.S., in most cases, you also can get all required travel vaccinations at your local pharmacy.

If you have any additional questions, please contact us at wellness@cbservices.org.