

Christian Brothers Services

Health & Benefits

TELADOC



Consult A Doctor 24/7 Where the Doctor is Always In

The Christian Brothers Employee Benefit (EBT) and Religious Medical Trusts (RMT) offer 24/7 access to physicians, 365 days a year through Teladoc for all members who are enrolled with medical coverage.

The telemedicine benefit offers accessible and convenient care, as well as providing patients and physicians a way to communicate, which bypasses the traditional office visit yet provides excellent care through the use of technology. Members can talk with a doctor anytime, anywhere about non-emergent medical conditions via telephone, secure email, video or mobile app.

Telehealth

Teladoc's network of board-certified physicians can discuss symptoms, recommend treatment options, diagnose many common, minor and/or brief illnesses and prescribe medication, when appropriate. Common conditions treated include:

- Allergies
- Eye/Ear Infections
- Sinus Infections
- Stomach Ache/Diarrhea
- Urinary Tract Infections
- Yeast Infections
- Bronchitis
- Cold/Flu
- Headaches
- Rash/Skin Irritation
- Upper Respiratory Infections
- And More ...

Mental Health

Talk to licensed psychiatrists, psychologists or therapists to assist in behavioral health needs by phone or video.

- Get confidential counseling seven days a week for conditions like depression, anxiety, stress, marital or family issues.
- Schedule an appointment on one's own time. Visits are secure, discreet, and confidential.

- Choose a therapist or psychiatrist who best fits individual's needs.
- Complete, on average, a visit 18 days faster than at a brick and mortar therapist office.
- Visit with same therapist or psychologist for continuity of care.

Dermatology

Upload images of a skin issue online and get a custom treatment plan within two days for conditions such as eczema, acne, rashes and more.

Getting Started with Teladoc

1) Set Up your Account

Set up your account by:

Phone: Teladoc can help you register your account over the phone. Call 800-835-2362.

Online: If you already have a participant account, log in at cbservices.org, click on the My Telemedicine link on the left side, then the "Click here" link to sign onto Teladoc.

Mobile app: Download the app on Apple App Store or Google Play and click "Set Up Your Account."

2) Provide Medical History

Your medical history provides Teladoc doctors with the information they need to make an accurate diagnosis.

3) Request a Consult

Once your account is set up, request a consult anytime you need care. You can talk to a doctor by phone, web or mobile app.

The Doctor is ALWAYS in – visit teladoc.com or call 800-835-2362. Download the app on Apple App Store or Google Play



**CHRISTIAN
BROTHERS
SERVICES**

Due to the Internal Revenue Service (IRS) requirements of Health Savings Account (HSA) plans, in order to preserve the pre-tax status of the HSA, members must be charged a fair market value for Teladoc services. The fair market value for General Medical visits is \$47 for 2021 and \$49 for 2022; Dermatology visits, \$75; Therapist visits, \$85; and \$190 for Initial Psychiatrist Evaluations and \$95 for Ongoing Sessions. In compliance with the Consolidated Appropriations Act 2022, these fees have been waived for the time period between April 1, 2022 and December 31, 2022.

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