

# Christian Brothers Services Health & Benefits

Express Scripts



## Smart90<sup>®</sup>

### *Smart90 Prescription Drug Program*

Christian Brothers Employee Benefit Trust (CBEBT) and Christian Brothers Religious Medical Trust (CBRMT) participants who use 90-day prescription programs will receive a cost-savings for their long-term medication needs.

Trust participants now have two options to receive their 90-day supply of medications. Participants can continue to have the medications delivered directly to their homes by mail from the Express Scripts home delivery pharmacy or pick them up at a Walgreens retail pharmacy through the new Express Scripts Smart90 Program.

### *What is the Smart90 Program?*

The Smart90 Program allows Trust participants to fill a 90-day prescription at any of more than 8,000 Walgreens pharmacies (or its affiliates) nationwide. The program gives participants an option if they would rather pick up their medications from a Walgreens retail pharmacy than have them delivered through the mail.

#### **The Smart90 Program is...**

- **Fast**—Instead of waiting for mail-order prescriptions to arrive, Trust participants can simply go to their nearest participating Walgreens (or affiliate) pharmacy and pick up their medications.
- **Economical**—Trust participants still pay the same low price if they opt to pick up their maintenance medications at a local Walgreens pharmacy instead of mail order.
- **Convenient**—Mail-order or local pickup, participants choose what works best for them.

### *How to use Smart90*

Participants have the choice to receive 90-day supplies of maintenance medications through home delivery from Express Scripts or directly at a Walgreens retail pharmacy for the same copayment.

Both Smart90 retail pharmacies and the Express Scripts home delivery pharmacy can aid members in transferring prescriptions, contacting their physicians, or discussing clinical questions one-on-one.

If participants want to switch from ESI home delivery to the Walgreens Smart90 program they can apply the following simple steps:

- If they still have medicine on hand, they can bring their current prescription bottle to the Walgreens pharmacy to transfer their prescription;
- If they are out of medication, they can request a 90-day prescription from their doctor and bring to the Walgreens pharmacist of their choice; or
- If they require a new maintenance medication, they can submit a 90-day prescription from their doctor to the Walgreens pharmacy.

The Express Scripts Contact Center and online chat feature allow participants to ask pharmacists questions anytime, from anywhere. Whichever option participants choose, they are assured of receiving affordable, high-quality care.

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PHARMACY



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