

Christian Brothers Services

# Health & Benefits

Wellness Corporate Solutions



## Free Flu Shot Program

Vaccines are your first line of defense against influenza. The Christian Brothers Employee Benefit and Religious Medical Trusts (CBEBT and CBRMT) offer the Free Flu Shot Program through its partner, Wellness Corporate Solutions, to help keep participants healthy during the flu season.

The Free Flu Shot Program has been increasingly successful over the years, and is available to all Trust participants and CBEBT family members.

*There are four ways you can receive a free flu shot:*

### Participate in an On-Site Clinic Being Held at Your Location

Anyone can participate, but only CBEBT participants and their enrolled dependents 18 years and older, and CBRMT Trust members receive their shots at no cost.

Non-Trust members will be required to pay Wellness Corporate Solutions \$32 for the flu shot and \$60 for the FluAD vaccine at the time of the shot(s).

FluAD is an immune-enhancing flu shot designed specifically for adults 65 and older. Walk-ins are not allowed for the FluAD vaccine and requires notification to Wellness Corporate Solutions of at least 40 days prior to the clinic.

### Visit a Local Pharmacy

If you visit your local pharmacy, present your medical ID card and have the pharmacist administer the shot, it will be available to you at no cost.

### Visit a Local Flu Shot Clinic

If you attend a flu clinic in your area, you will need to pay for the flu/FluAD shot in full, submit a copy of your receipt along with the flu shot reimbursement form and you will be reimbursed up to \$32 per flu shot or \$60 per FluAD vaccine.

### Make an Appointment with Your Physician

If you go to your primary care physician as part of your annual wellness visit, the flu shot will not be subject to a copay. If you have already had your annual wellness visit with your primary care physician, a copay/coinsurance may apply. Also, all Trust plans offer a wide variety of preventive services covered at 100 percent, including the flu vaccine.

**NOTE:** That while the shot is covered at 100 percent, some doctors may bill for an office visit to administer the shot. If the office visit is billed as preventive, and it is the only preventive visit for the year, the visit will be paid at 100 percent. If the office visit is billed as a regular visit instead of a preventive visit, office visit copays or coinsurance may apply.



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