



You've got **Teladoc.**  
24/7 access to doctors  
by phone or video



**You already have Teladoc** as part of your benefits. Our U.S. board-certified doctors can diagnose, treat, and even prescribe medicine, if needed, for a wide range of medical needs, including the flu, allergies, rash, upset stomach and much more.

**Set up your account, it's easy! Log on to [myCBS.org/Health](https://myCBS.org/Health)**

1



Create account

Use your phone, the app, or our website ([mycbs.org/health](https://mycbs.org/health)) to create an account and quickly complete your medical history.

2



Request a visit

Use your device to request a visit and a Teladoc doctor will contact you at the requested time.

3



Feel better

Your doctor will diagnose your symptoms and even prescribe medicine, if needed.

**Download the app and talk to a doctor anytime!**

[Teladoc.com](https://Teladoc.com) 1-800-DOC-CONSULT (362-2667)



How would you like to connect?

PHONE

VIDEO

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\* Due to the Internal Revenue Service (IRS) requirements of Health Savings Account (HSA) plans, in order to preserve the pre-tax status of your members' HSA, an employee who has a HSA and uses Teladoc will now be required to pay a \$40.00 up front consult fee. This fee will then be processed (and/or reimbursed, if the member has reached their Out of Pocket Maximum) under the medical plan.

\* Please Note: Teladoc access is available in the 50 U.S. states only. Due to state regulations, Teladoc has the following limitations: patients in Georgia are limited to three days of any prescription; Idaho requires all consultations to occur by video; Arkansas and Delaware require the first visit to occur by video, subsequent consults can occur by video or phone.