

We are a church organization serving other church organizations with affordable health and benefits coverage tailored to the unique needs of each member organization. We understand the Church because we are part of the Church.



## Case Management

Christian Brothers Employee Benefit Trust provides American Health's URAC-accredited Case Management services providing a comprehensive approach to patient-focused support to improve overall health and quality of life for each enrolled member while maximizing cost savings.

We provide individuals a better understanding of specialized care needs, access to centers of excellence and specialty care facilities, education on alternatives to costly inpatient care, and direction toward in-network discounts. By creating healthier patients, we have a positive impact on claims dollars.

We educate members and guide them to make choices that contribute to a healthier lifestyle, thus reducing the incidence of complications and future medical costs. Our integrated programs provide triggers that automatically refer cases that may benefit from Case Management intervention, helping to facilitate early identification, prevent rehospitalization, and significantly reduce costs.

### A Solution for Life

Case Managers are licensed registered nurses who function as advocates, facilitators, and educators, assuring that members make smooth transitions from inpatient settings to alternate care and home care when appropriate.

### ***Benefits and Services Include:***

- Emotional support and ongoing education.
- Preparation and planning through health management.
- Effective communication follow-up and reporting.
- Treatment or care facilitation.
- Identification of support groups and systems.
- Minimization of future complications through health management.
- Financial options.

*We engage with all key participants as early as possible following diagnosis to provide the support they need, offering services in a number of specialty areas:*

### **Oncology: Special Case Management**

Assisting the patient in coping with the disease and learning how to be a survivor extends far beyond the initial diagnosis and early treatment. In order to serve the long-term needs of the patient, we maintain a dedicated group of professionals who understand and work closely with the medical team through the entire treatment process.

- Dedicated Oncology Case Managers to interact with patients and family, offering a complete support network.
- Experienced and knowledgeable Medical Oncology Consultants to aid in diagnosis and treatment assessment.
- Extensive patient education and support to achieve and maintain a healthier lifestyle, thereby reducing future medical costs.

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## Case Management

### Neonatal and Pediatric Specialty Case Management

The promise of new life can be a wonderful experience for new parents. However, high expectations and normal routines can be suddenly interrupted when birth complications or disease unexpectedly arise in a newborn. Our nursing team has extensive experience managing the intensive care needs of neonate and pediatric cases. This knowledge and experience enables them to immediately respond and advocate for the covered baby and new parents.

- A comprehensive approach to patient-focused support and life management, placing newborn and family needs above treatment requirements.
- Dedicated Pediatric Case Managers to interact on behalf of both child and family, offering a complete support network.
- A comprehensive approach to short- and long-term care solutions.
- Extensive patient/family education and support to guide and assist in living day-to-day.
- Board-certified perinatologists and neonatologists review cases with our Pediatric Case Managers.

### Maternity Management

Are you or your spouse pregnant? If so, you can take advantage of one-on-one support from a Registered Nurse who will help you achieve a healthy pregnancy. Maternity management can help you through the changes that come with each pregnancy and is available at no cost to you as part of your health benefits.

- One-on-one support throughout your pregnancy.
- Routine calls with nurse dedicated to your specific needs.
- Educational information and advice on how to minimize risks to you and your baby.
- Experienced nurse, in all aspects of prenatal care, on call to help manage diet and exercise and other ways to remain healthy throughout pregnancy.

For more information on the Utilization Management program,  
call **866.614.4244** / **AmericanHealthHolding.com**



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